



National Catholic Mental Health Campaign

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Sample Bulletin Announcements

Pray for Mental Health and Wellness

In October 2026, Pope Leo XIV is inviting the world to join him in prayer for Catholic mental health ministries and their work to respond to the global mental health crisis.

You can join in that prayer with the U.S. Catholic Bishops' (USCCB) National Catholic Mental Health Campaign, which offers a nationwide novena, liturgical resources and more. Go to <https://www.usccb.org/mentalhealth> and explore this great initiative.

Nationwide Novena for Mental Health

In October 2026, Pope Leo XIV is inviting the world to join him in prayer for Catholic mental health ministries and their work to respond to the global mental health crisis.

The U.S. Catholic Bishops (USCCB) developed an annual Novena for Mental Health, which Catholics across the country are praying together from October 10 to 18, 2026. You can join in on this Novena by going to <https://www.usccb.org/mental-health-novena>.

Additionally, stay connected to the USCCB's National Catholic Mental Health Campaign, a year-round initiative to encourage all people of good will to get engaged in this outreach. More details and resources can be found online at <https://www.usccb.org/mentalhealth>.

National Mental Health Sunday

In October 2026, Pope Leo XIV is inviting the world to join him in prayer for Catholic mental health ministries and their work to respond to the global mental health crisis.

The U.S. Catholic Bishops (USCCB) designated Sunday, October 11, 2026, as National Mental Health Sunday, when Catholic communities across the country can pray for all who struggle with mental health and those who accompany them. More details about National Mental Health Sunday can be found online at <https://www.usccb.org/mental-health-sunday>.

Additionally, stay connected to the USCCB's National Catholic Mental Health Campaign, a year-round initiative to encourage all people of good will to get engaged in this outreach. More details and resources can be found online at <https://www.usccb.org/mentalhealth>.